



AGENDA

About MCFB

Our Projects and Services

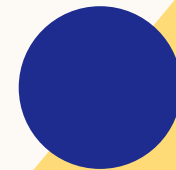
Therapeutic Methods

Outcomes for Service Users

MCFB Outcomes & Impact

Current economic climate

Our Funders and Partners



MCFB MISSION & VALUES

Mission Statement

Multi-Cultural Family Base aims to enhance the lives of vulnerable and disadvantaged children, young people and their families both directly and through the education and training of students in the caring professions.

Values Statement

Multi-Cultural Family Base is committed to promoting human rights, valuing diversity, providing equal opportunities and working in a way which is flexible, respectful, caring and empowering. Multi-Cultural Family Base is committed to involving users and stakeholders in service planning and provision.

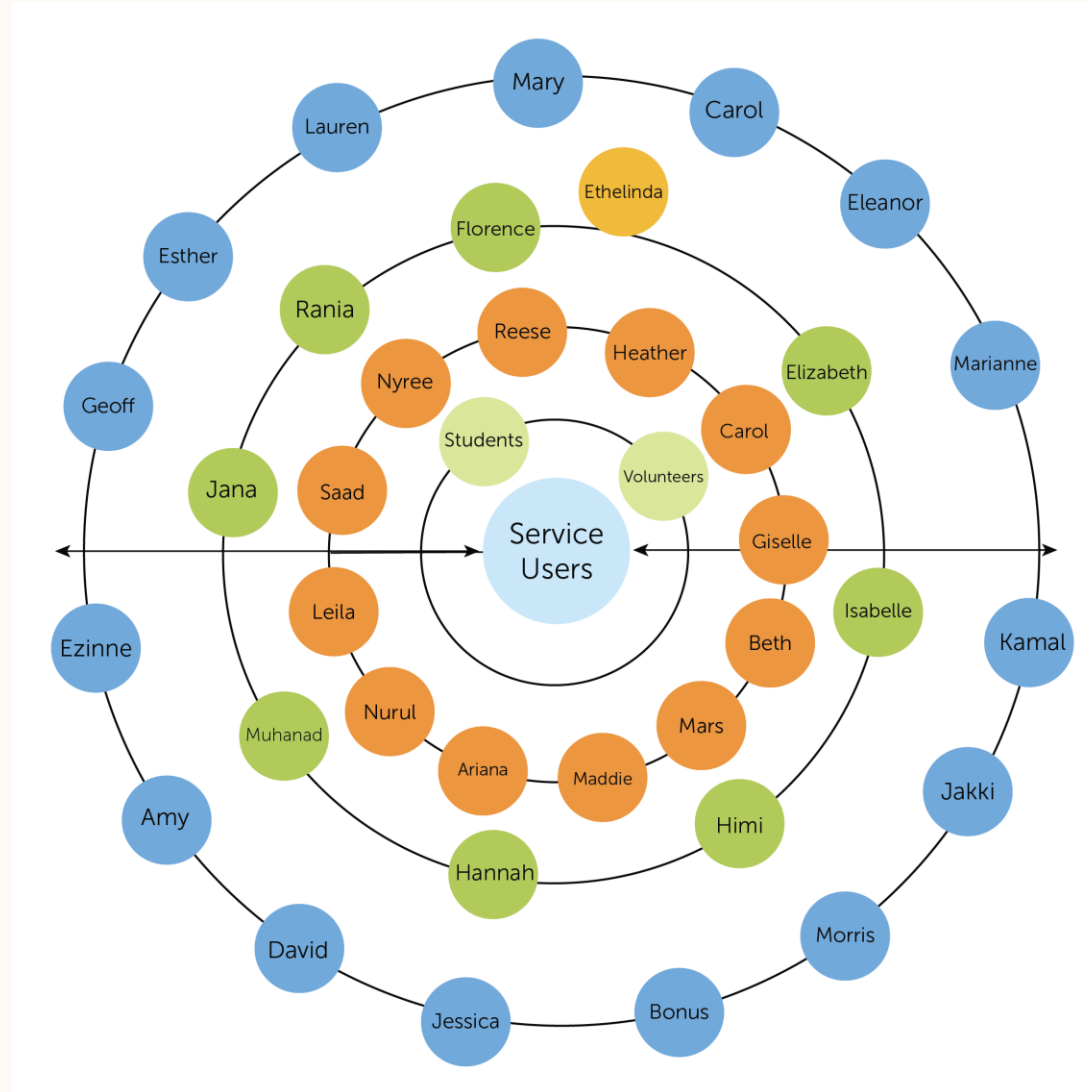


NATIONAL POLICY AND LEGISLATIVE CONTEXT

- The Promise
- GIRFEC
- Voice of the Infant / Infant Pledge
- UNCRC – Rights of the child
- MARAC - Multi-Agency Risk Assessment Conference

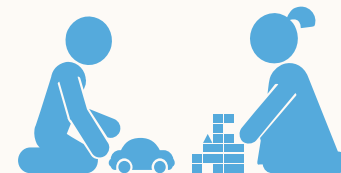
ORG CHART

- Board Members
- CEO
- Senior Staff
- Project Workers
- Students/Volunteers
- Service Users



MCFB PROGRAMS CONT.

Early Years	4-2-7	8+
<p><i>Supporting families antenatally to 3 years</i></p>	<p><i>Supporting 4 to 7's with difficulties managing the transition to primary school.</i></p>	<p><i>Supporting 8 to 14's experiencing difficulties due to loss, migration, language, difficulties, racism, poverty and social isolation.</i></p>



MCFB PROGRAMS

Juniors and MOSAIC	Safe Haven & Men's Group	Bright Choices
<i>Supporting BAME young people with their mental well-being..</i>	<i>Supporting refugees affected by trauma in their home country.</i>	<i>Supporting people affected by Honour- and gender-based Violence</i>

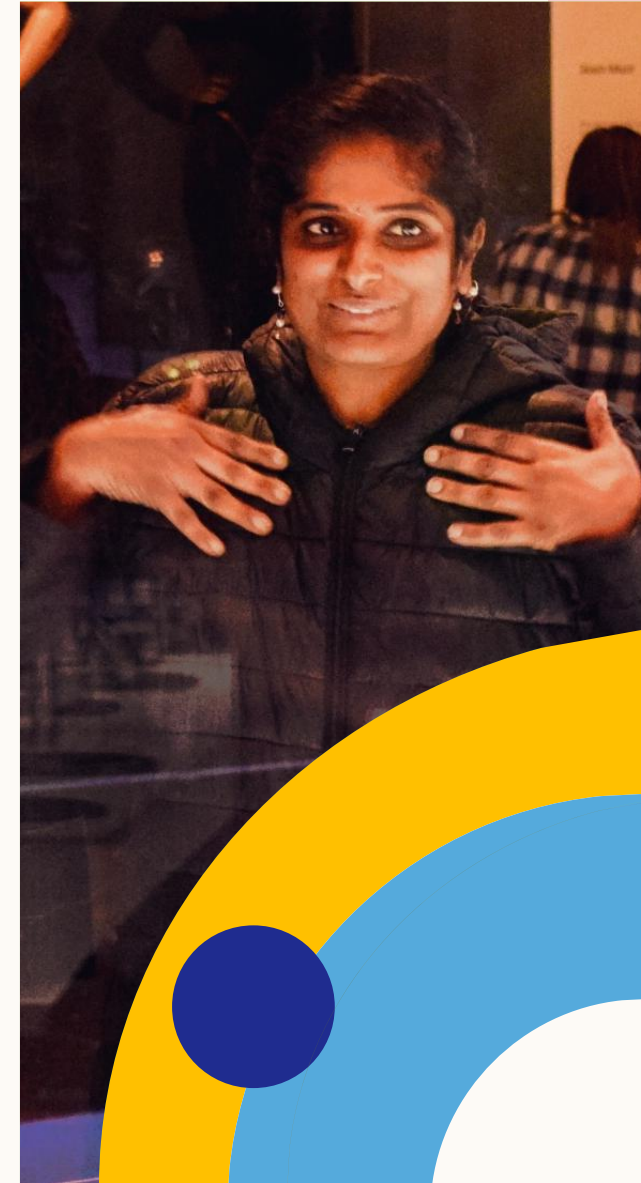


DIFFICULTIES EXPERIENCED BY BAME COMMUNITY

- Poverty & Economic Inequality
- Educational Disadvantage
- Discrimination & Racism
- Poor Mental Health & Emotional Well-Being
- Higher Risk of Crime & Exploitation
- Barriers to Employment
- Health Inequalities
- Social Exclusion & Isolation
- Family & Cultural Pressures
- Lack of Community Investment
- Limited Political and Civic Representation

OUTCOMES FROM ENGAGING IN MCFB PROJECTS

- Improved Well-Being
- Confident Access to Resources
- Empowerment & Independence
- Seeking Crisis Intervention
- Improved Family Dynamics
- Self-Advocacy and Rights Protection
- Improved Social Skills
- Development of Long-Term Goals
- Improved Coping Skills
- Increased Self-Esteem & Resilience
- Healing & Recovery from Trauma
- Intergenerational Benefits
- Enhanced Social Cohesion
- Community Integration
- Community Pride & Identity



CASE STUDY

A young person from a marginalised background joins a local youth empowerment group. Tangibly, they gain skills, qualify for a job, and help organize community events. Intangibly, they feel pride in their achievements, develop friendships, and influence peers to get involved. Over time, their confidence leads them to advocate for better youth facilities, benefiting others in their area and creating a positive cycle of change.

By investing in these tangible and intangible outcomes, individuals, families, and communities can transform, creating stronger, more equitable societies.



MCFB PATHWAYS TO SUCCESS

- Funded by
- Network of Employability Support and Training (NEST)



JOINED UP FOR JOBS
Edinburgh Local Employability Partnership

PATHWAYS TO SUCCESS: KEY DELIVERABLES

Trauma-Informed, Anti-Racist Support (Needs Assessment)

Personal Growth & Wellbeing

Coaching and Mentoring

Employability & Skills

Creativity & Communication

Community & Civic Engagement

Partnerships & Progression

Evaluation & Inclusion

THERAPEUTIC METHODS

These therapeutic methods can work independently or be combined to create comprehensive support systems that meet the diverse needs of our service users.

Method

Trauma-Informed Practice

Person-Centered Approach

One-to-One Support Approach

Youth-Led Approach

Mentorship

Strength-Based Approach

REFERRAL PROCESS

Pathways to Success: Coming Soon |
MCFB - Multi Cultural Family Base

PATHWAYS TO SUCCESS



هل أنت من خلفية عرقية متنوعة؟
هل تريد الدعم في تحديد خطواتك التالية؟

من خلال نهج شامل يركز على الشخص، ندعم المشاركين لإيجاد الطريق
إلى نسختهم الخاصة من النجاح

سواء كان ذلك في التوظيف أو العمل التطوعي أو التعليم أو التدريب أو أي
مسار آخر، فإننا نعمل جنباً إلى جنب مع المشاركين لمعرفة ما يناسبك
وأهدافك.



أرسل بريداً إلكترونيًا
hello@mcfb.org.uk أو
امسح رمز الاستجابة السريعة
للحصول على مزيد من
المعلومات



JOINED UP FOR JOBS
Edinburgh Local Employability Partnership



EDINBURGH
THE CITY OF EDINBURGH COUNCIL

Scottish Government
Riaghaltas na h-Alba

The
Edinburgh
Guarantee



TRAUMA-INFORMED PRACTICE

Definition: An approach grounded in understanding that trauma can profoundly impact an individual's neurological, biological, psychological, and social development.

Key Features:

- **Safety:** Creating physical, emotional, and psychological safety for individuals.
- **Trustworthiness:** Building trust through transparency and consistency.
- **Choice and Empowerment:** Offering individuals choices and involving them in decisions about their care.
- **Collaboration:** Encouraging collaboration between individuals and professionals to foster empowerment.
- **Cultural Sensitivity:** Recognizing and respecting cultural, historical, and gender-related trauma.

Reduced Retraumatization | Improved Engagement | Promotion of Healing

PERSON-CENTERED APPROACH

Definition: A therapeutic method that prioritizes the individual's needs, preferences, and goals, empowering them to take the lead in their care or development.

Key Features:

- **Respect for Autonomy:** Recognising the person as an expert on their own experiences.
- **Collaboration:** Working together to set goals and solutions.
- **Individualised Support:** Tailoring interventions to the person's unique circumstances and aspirations.

Enhanced Self-esteem | Active Participation in Healing | Ownership for Growth

ONE-TO-ONE SUPPORT APPROACH

Definition: A personalized method of providing individual attention and tailored support based on the specific needs and circumstances of a person.

Key Features:

- **Individual Focus:** Personalising the support to the person's unique challenges and goals.
- **Emotional Support:** Providing a safe space for individuals to express themselves.
- **Practical Assistance:** Helping with tasks like finding resources, building skills, or setting goals.

Building of Trust | Safe Space for Honest Dialogue | Accelerated Growth

YOUTH-LED APPROACH

Definition: An approach that gives young people the leadership role in identifying their needs and solutions, as well as in designing and implementing programs or activities.

Key Features:

- **Empowerment:** Allowing youth to make decisions and take ownership.
- **Mentorship Support:** Adults play a guiding rather than directive role.
- **Flexibility:** Activities and solutions adapt to young people's ideas and feedback.

Leadership Building | Improved Decision-Making Skills | Increased Engagement

MENTORSHIP

Definition: A supportive relationship where a mentor guides, advises, and inspires an individual, typically a younger or less experienced person.

Key Features:

- **Role Modeling:** Mentors provide positive examples of behavior and achievements.
- **Guidance and Advice:** Offering practical and emotional support for personal or professional challenges.
- **Skill Development:** Teaching or encouraging the development of new skills.

Self-Confidence Building | Encouraging Accountability | Safe Space for Learning

STRENGTH-BASED APPROACH

Definition: A method that focuses on identifying and building on an individual's strengths and assets, rather than focusing on deficits or weaknesses.

Key Features:

- **Asset Mapping:** Identifying what the individual does well and their existing resources.
- **Empowerment:** Leveraging strengths to address challenges and achieve goals.
- **Positive Reinforcement:** Encouraging growth by celebrating successes.

Confidence Boosting | Encouraging Proactive Mindset | Overcoming Challenges

MCFB HAS BEEN WORKING WITH MULTICULTURAL COMMUNITIES IN EDINBURGH FOR 27 YEARS

As a result of our longevity and multi-cultural expertise within the community, MCFB are regularly invited to attend and become members of government and non-government influence groups to amplify the voices of our service users, ensuring their perspectives are recognized and considered in decision-making processes.

Some of the influence groups include:

- **Scottish Social Services Council:** Codes of Practice
- **Scottish Parliament:** Anti-Racism Education Stakeholder Group
- **City of Edinburgh:** Edinburgh Children's Partnerships & Equally Safe Edinburgh Committee
- **NHS Lothian:** Women's Health Plan Review
- **Education Scotland:** Anti-Racism Mentors
- **Edinburgh Voluntary Organisations' Council:** EVOC Network



THANK YOU

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- www.mcfb.org.uk

FURTHER READING POLICY

Anti-Racism Observatory for Scotland (2023) *Co-designing a new anti-racism body in Scotland with adversely racialised communities*. Anti-Racism Observatory for Scotland. Available at: <https://antiracismobservatoryforscotland.org/wp-content/uploads/2024/08/Executive-Summary-of-Research.pdf>

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There is also very good book written by Caroline Goode QPM, she is a British retired police detective, who served for 33 years in the Metropolitan Police in London and in Counter Terrorism Command. She was awarded the Queen's Police Medal in the 2012 New Year Honours[1] for leading the investigation into the murder of Banaz Mahmod. She wrote a book[2] about the case which also featured as a TV drama, Honour starring Keeley Hawes.[3][4] Her work on the case involved convictions of the first ever men extradited from Iraq to the UK. They were jailed for more than 20 years each. She continued to work to train other police officers nationally and internationally to understand Honour Based Violence.

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